Schedule of Events

Wednesday August 5, 2009

Arrival of participants and allocate to billets/accommodations.

Thursday August 6, 2009

10:00 am Registration for all events including athletes, performers and musicians.

2:00 -4:00 **Opening ceremonies**

5:00pm **Traditional Athletic events (Jr. /Sr.)**
Kneel Jump
One Hand Reach
Canoe/Kayak Races at River

7:00 Traditional Drummers

9:00pm **Old Time Dance**

Friday August 7, 2009

10:00-3:00 pm **Traditional Athletic events (Jr. /Sr.)**
Bench Reach
Head Pull
2 ft High Kick (preliminary)
1 ft High Kick (preliminary)

5:00 -8:00 pm **Traditional Good Woman/Man events**
Goose Plucking
Tea Boiling
Bannock Making

Demonstration events held outside:
Caribou Skip Rope, Toe hang, Wrist Hang, Harpoon Throw, Rope Gymnastics

9:00 pm **Traditional Drum Dancing and Old Time Dance**

Saturday August 8, 2009

10:00 -5:00pm **Traditional Athletic events (Jr. /Sr.)**

Swing Kick
Alaskan High Kick
Arm Pull (Sr. only)
Musk ox Push

5:00- 8:00pm **Traditional Good Woman/ Man events**

Fish Cutting
Muskrat Skinning & Stretching
Seal Skinning
Blanket Toss

*Sewing Competition Deadline (All sewing must be in by 9:00 pm for judging)

9:00 pm Fiddling Contest & Jigging Contest (Ages 16 and over)
Registration starts at 5:00 pm.
Old Time Dance

Sunday August 9, 2009

10:00 -5:00 pm **Traditional Athletic events**

Airplane
Knuckle Hop
Traditional Dress Contest
Muktuk Eating Contest
2ft High Kick (Finals)
1ft High Kick (Finals)

7:00pm **Closing ceremonies**

Presentation of Nellie Cournoyea and Edward Lennie Awards